



Seaview Primary School

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Sensory Regulation

Dear Parents and Families,

As part of our continued commitment to supporting the wellbeing, sensory and emotional regulation needs of all our children, we would like to share a new approach we are making regarding sensory and regulation tools in school.

We know that for some children, fidgets and other sensory tools can be a familiar part of their school day, offering comfort, reducing feelings of worry, supporting concentration and helping them feel settled and ready to learn. We also recognise that some pupils have previously brought these items from home and that they have become part of what helps them feel prepared for the day.

We are introducing a consistent, whole-school approach so that children can access appropriate resources whenever they need them. Each classroom will now have a sensory and regulation box containing a range of carefully selected tools. These will offer children different ways to support their regulation—whether that is helping them to focus, manage emotions, settle when they feel overwhelmed, or take a short sensory break. Having these resources available in every classroom will also allow staff to support children consistently and help them develop a wider toolkit for managing their own regulation.

There is also an important health and safety reason for this change. We have had several occasions where sensory toys brought from home have become damaged in school. Some of these items contain gel or other materials that can create a safety concern, and it can be particularly upsetting for children when their personal belongings break.

For these reasons, we kindly ask that children leave personal sensory and regulation toys, including fidgets, at home. Staff will support pupils as they adjust and become comfortable with the resources available to them in school. Our aim is to create an environment where every child feels supported and able to regulate and learn, while ensuring that the resources we use are safe, purposeful and accessible to everyone.

Thank you, as always, for your understanding and continued support.

Yours sincerely,

Mrs. Stephanie Doran

Deputy Headteacher & SENDCo

Empowering children to shape their future